

NEED TO TALK?



MFLC IS HERE TO LISTEN.

Military Family Life Consultants are available to help service members, DoD civilians, spouses, family members, children and staff address:

- Marriage and relationship issues
- Stress and anxiety
- Depression
- Grief and loss
- Daily life issues

Consultations and trainings are **free, anonymous** and **confidential**.

Helping you is our priority. After-hours and weekend appointments are available and group or off-site meetings can be arranged.

SCHEDULING AN APPOINTMENT IS EASY. CALL:

0175-379-4691 - Schweinfurt

0151-100-2358 - Schweinfurt